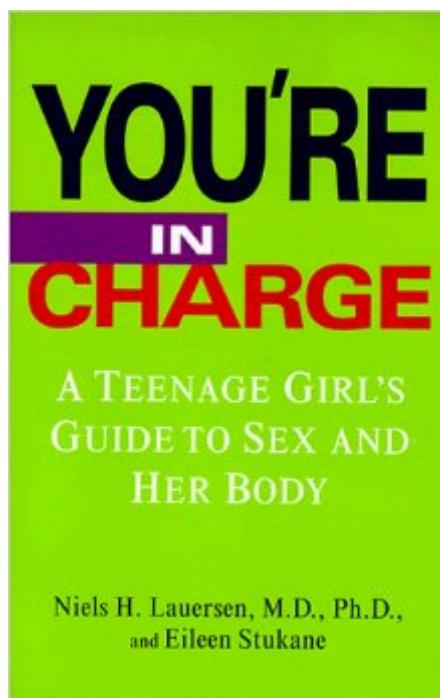


The book was found

# You're In Charge



## Synopsis

This straight-shooting, medically up-to-the-minute handbook was written especially for teenagers like you who have questions about your changing body and what it all means. You'll find out what really happens to your body in puberty; how to know if you're ready for sex; the truth about birth control, and much more.

## Book Information

Paperback: 356 pages

Publisher: Ballantine Books; 1st edition (March 23, 1993)

Language: English

ISBN-10: 0449904644

ISBN-13: 978-0449904640

Product Dimensions: 1 x 5.2 x 8 inches

Shipping Weight: 10.4 ounces

Average Customer Review: 5.0 out of 5 starsÂ  [See all reviewsÂ \(1 customer review\)](#)

Best Sellers Rank: #5,795,503 in Books (See Top 100 in Books) #65 inÂ Books > Teens > Personal Health > Personal Hygiene #682 inÂ Books > Teens > Social Issues > Dating & Intimacy #311591 inÂ Books > Self-Help

## Customer Reviews

I think this was a very helpful book. It covered a lot of topics that I had questions about before I started this book. It also had many interesting facts about other cultures and sex in history which I found to be very interesting as well. I would recommend this book for every girl to read, even if you've heard them work on what's going on with your body. This book helps break down stereotypes and gives you something to think about as far as self-confidence and relationships. I know Dr. Lauersen personally and not only is he an amazing author, but an amazing human being as well.

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